



U12 MODIFIED RULES

- Field of play 70-80 yards (length) by 45-55 yards (width)
- Goals should be no larger than 7 feet (height) x 21 feet (width)
- Size 4 ball
- 9v9 (8 field players and 1 goalkeeper)
- Duration: Two, 30-minute halves, 10 minute halftime, no added time.
- Game may not start or continue if there are less than 6 players on a team
- Substitutions are unlimited and can occur at any stoppage
- No deliberating heading. When a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the spot of the offense. However, if a player deliberately heads a ball within their goal area, the indirect free kick by the attacking team should be taken on the goal area line parallel to the goal line at the point nearest to where the infringement occurred.